

## SKIN GRAFT POST- OP INSTRUCTIONS

### CARE OF THE SKIN GRAFT

- After surgery go home and rest with your head elevated. Do Not bend over or exercise.
- Keep the area completely dry until you are seen at your follow up appointment.
- Leave the bandage in place for 3 days.
- After 3 days you can remove the large outer dressing. **Do Not** disturb the bandage that is sewn in place. After the large outer dressing has been removed, you can place a regular band-aid over the sewn on bandage and change that band-aid daily.
- Remain as inactive as possible for several days. Gentle walking or grocery shopping, etc. if fine after a few days.
- **Contact the office immediately if there is any bleeding from under the graft or if you have any excessive redness, tenderness or pus.**

### CARE OF THE SUTURED WOUND/Graft donor site

- Leave bandage in place and dry for 24 hours.
- After 24 hours you may remove the dressing.
- It is ok for this area to get wet, such as when showering.
- Once a day apply an antibiotic ointment (eg. Polysporin) to the stitches.
- **If bleeding occurs at any time, hold firm pressure for 20 minutes. If bleeding persists contact our office.**

**If you have excessive bleeding that will not stop, or excessive redness or pus, and you cannot reach us go to the nearest emergency room.**